

<p><b>Nestlé UK Ltd</b> <i>Allergy/Intolerance Information</i></p>
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**Gluten and Traces of Gluten**

**Nestlé Goods brought into the UK direct by retailers**

Nestlé UK Ltd is part of a large international company, which produces many different products world-wide. As a recipient of the enclosed allergy and intolerance information list you will be aware of our commitment to provide up to date and correct information about our products.

Recently some UK retailers have been importing Nestlé products from both Europe and other countries without our knowledge and as a result we are unable to guarantee that these imported Nestlé products are suitable for your allergy/intolerance. While appearing to be superficially similar to their UK counterparts, there are often recipe and production differences according to the country of origin.

We can, however, guarantee that Nestlé products produced in the UK and shown on this list are suitable for your allergy/ intolerance as outlined in the next few pages.

For your own safety, please check the label of the product that you have purchased – even if you have eaten the product before

If you are unsure please contact us and we will do our best to help you. You can contact us free on 00800 637 85385.

Our website address is [www.nestle.co.uk](http://www.nestle.co.uk) – you can email us from the ‘contact us’ screen.

**Useful addresses for further information**

**Coeliac UK**  
3<sup>rd</sup> Floor  
Apollo Centre  
Desborough Road  
High Wycombe  
Bucks  
HP11 2QW  
Tel: 01494 437 278  
Fax: 01494 474 349  
[www.coeliac.org.uk](http://www.coeliac.org.uk)  
Email: [Foodanddrink@coeliac.org.uk](mailto:Foodanddrink@coeliac.org.uk)

**The Anaphylaxis Campaign**  
PO Box 275  
Farnborough  
GU14 6SX  
Tel: 01252 546 100  
Helpline: 01252 542 029  
Fax: 01252 377 140

## Gluten Avoidance List

The products listed below do not contain wheat, barley, oats, rye or any added gluten. Any product containing small quantities of gluten considered safe for a gluten free diet (in compliance with Codex Alimentarius levels accepted by Coeliac UK) are highlighted with an asterisk. \*

If you require any further information regarding any of our products, please contact:

Consumer Services, Nestle UK Ltd, Freeport, York, YO91 1XY

Tel: 00800 637 85385

Email: [consumer.services@uk.nestle.com](mailto:consumer.services@uk.nestle.com)

Please check our website <https://www.nestle.co.uk/en-gb> for regular updates.

Products listed in **Bold** are recent alterations/additions

Product	Suitable for Gluten Avoidance
<b>Beverages</b>	
Coffeemate	Original Light
Nescafe Azera	Americano, Intenso, Espresso, Cappuccino, Latte, Mocha, Decaff, Flat White Azera Iced Cappuccino Azera Caramel Latte
Azera To Go	Latte, Americano, Cappuccino
Azera Nitro	Americano, Latte
Nescafe Alta Rica	Alta Rica
Nescafe Black Gold	Black Gold
Nescafe Blend 37	Blend 37
Nescafe Cap Colombia	Cap Colombia
Nescafe Gold Sachets	Latte Caramel Latte Vanilla Cappuccino Decaff Latte Mocha Cappuccino Original Cappuccino Unsweetened Double Choca Mocha Cappuccino Unsweetened Decaff Latte Irish Cream Cappuccino Skinny Latte Skinny Cappuccino Strong Toffee Nut Latte Gingerbread latte
<b>Nescafe Dolce Gusto</b>	All Varieties including Starbucks for Nescafe Dolce Gusto <b>EXCEPT Plant based Flat White Oat, Coconut &amp; Almond</b>
Nescafe Espresso	Espresso
Nescafe Fine Blend	Fine Blend
Nescafe Gold Blend	Standard, Barista Decaff Gold Crema Gold Organic
Nescafe International	International Roast
Nescafe Original	Standard
	Decaff

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Nescafe 3 in 1	Original, Strong, Extra Smooth
Nescafe 2 in 1	Original
Nescafe Shakissimo	Shakissimo Latte Skinny Shakissimo Latte Espresso Shakissimo Latte Cappuccino
Nesquik Powder	Chocolate, Strawberry, Banana, Hot Chocolate, Chocolate 30% less sugar
Nestle Aero	Hot Chocolate Mint
Nido	Nido Milk Powder
Starbucks	Roast & Ground, Whole Bean
<b>Starbucks Sachets</b>	<b>Cappuccino, Latte, Mocha, Vanilla Latte, Caramel Latte</b>
<b>Wunda</b>	<b>Original, Unsweetened</b>

<b><u>Confectionery</u></b>	
Aero	Aero Peppermint Bubbles Aero Milk Chocolate Bubbles Aero Milk Chocolate Bars & Sharing Blocks Aero Peppermint Chocolate Bars & Sharing Blocks Aero White Chocolate Bars & Sharing Blocks Aero White Chocolate Bubbles Aero Mousse Bar & Sharing Blocks Aero Minis Aero Caramel Bar <b>Aero Dark Milk</b> <b>Aero Dark Milk Peppermint</b>
After Eight	After Eight Mints After Eight Orange Mint Thins
Animal Bar	Animal Bar
Milkybar	Milkybar Giant White Chocolate Buttons Milkybar Milk & Crunchy Milkybar Giant Buttons Milkshake Milkybar Buttons original
Polo	Polo Mints Original* Polo Spearmint* Polo Sugar Free Mints Polo Fruits Polo Extra Strong
Quality Street	All Quality Street Sweets Quality Street Orange Matchmakers Box Quality Street Mint Matchmakers Box Quality Street Honeycomb Matchmakers Box Quality Street Salted Caramel Matchmakers Box
Rolo	Rolo Chocolate Sharing Block
Rowntrees Confectionery	Rowntrees Fruit Gums* Rowntrees Fruit Pastilles Original* <b>Rowntrees Fruit Pastilles Dessert</b> Rowntrees Fruit Pastilles Berries & Cream Rowntrees Fruit Pastilles Strawberry & Blackcurrant Rowntrees Randoms, Squish'ems, Foamies Rowntrees Randoms Sours Rowntrees Randoms 30% less sugar Rowntrees Pick & Mix Rowntrees Jelly Tots*
Toffee Crisp	Toffee Crisp Chocolate Sharing Block

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Walnut Whip	Walnut Whip
Nestle Whip	Whip Classic
	Whip Caramel
	Whip Mint

<b>Yes! Bars</b>	Beetroot & Apple
	Nut with Sea Salt & Dark Chocolate
	Cranberry & Dark Chocolate
	Coffee & Dark Chocolate
	Lemon & Quinoa
<b>Maggi Sauces</b>	Hot & Sweet Chilli Masala Chilli Tamarina
<b>Maggi Seasoning</b>	Seasoning cubes
<b>Mezeast</b>	<b>Middle Eastern Tahini Sesame Squeezy Sauce</b> <b>Middle Eastern Pomegranate Squeezy Sauce</b> <b>Middle Eastern Tourn Garlic Squeezy Sauce</b> <b>Middle Eastern Harissa Spicy Chilli Cooking Paste</b> <b>Middle Eastern Muhammara Walnut Tomato Paprika Spread</b>

<b><u>Milks &amp; Creams</u></b>	
Carnation	Evaporated Milk Light Evaporated Milk Condensed Milk Light Condensed Milk <b>Vegan Condensed Milk</b> Caramel Extra Thick Cream Milk Pots Carnation Chocolate
<b>Carnation Drizzle</b>	<b>Original, Caramel</b>
Ideal	Evaporated Milk
Nestle	Tip Top Cream

<b><u>Cerelac Infant Cereal</u></b>	
Cerelac	Cerelac Rice with Milk Cerelac Rice & Maize Cerelac Mixed Vegetable & Rice with milk

<b>Meritene Milkshake</b>	All varieties
<b>Meritene Soups</b>	All varieties

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<b><u>Yogurts, Fromage Frais And Desserts</u></b> Aero Mousse	Chocolate 4x59g pots Peppermint 4x59g pots Double Chocolate Aero Creations Chocolate Aero Heavenly Chocolate Hazelnut Mousse Aero Heavenly Caramel Pecan Mousse
After Eight	After Eight Dessert After Eight Mousse with Chocolate Layers
Angry Birds	Strawberry Yogurt
La Laitiere	Petit Pot de Crème Chocolat Petit Pot de Crème Pistache Secret de Mousse Duo
Lindhals Kvarg	Natural, Vanilla, Raspberry, Coconut, Stracciatella Blueberry & Vanilla
Milkybar	Dessert Little Treats 6 pots Fromage Frais Milkybar Mousse
Nesquik	Nesquik Duo Dessert

Munch Bunch	Yogurts Fromage Frais, variety pack, Strawberry Strawberry & Banana Strawberry/Raspberry Fromage Frais 30% reduced sugar Strawberry/Banana Fromage Frais 30% reduced sugar Squashums strawberry & raspberry, strawberry & peach Double Up Vanilla/Straw, Strawberry & Peach Double Up Straw/Rasp, Strawberry & Chocolate Strawberry Mix Jelly Delights Blackcurrant/Raspberry Munch Bunch Strawberry & Raspberry Fromage Frais Squashums Strawberry Fromage Frais Pouch Squashums Raspberry Fromage Frais Pouch Squashums Strawberry Drink Huge Tubes Strawberry, Raspberry, Banana
Quality Street	Toffee Penny Dessert Green Triangle Crème Dessert
Rolo	Rolo Milk Dessert, Rolo Dark Dessert Rolo Mousse Rolo Crackin Dessert
Ski Mousse	Lemon mousse Strawberry Mousse Raspberry Mousse Passionfruit & Raspberry Mousse
Yorkie	Chocolate Dessert Yorkie Crackin Dessert

Nestle Cereals –Go Free	Gluten free Cornflakes, Gluten free Honey Cornflakes, Rice Pops
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Nestle Harvest Home	Choco Rice, Cornflakes, Crisp Rice
Nestle Water	
San Pelligrino	All varieties
Buxton	All varieties
Pure Life	All varieties
Perrier	All varieties
Aqua Panna	All varieties

**At the time of going to press this list is accurate, however our policy of continuous product improvement may result in changes, so we recommend you check the label.**